

Privacy Policy

Last Updated: 8/20/2026

Bayside Wellness & Vitality (“we,” “us,” or “our”) is committed to protecting and respecting your privacy. This Privacy Policy explains how we collect, use, disclose, and safeguard your information when you visit our website baysidewellnessvitality.com use our services, or interact with us in other ways.

By using our website and services, you agree to the collection and use of information in accordance with this Privacy Policy.

1. Information We Collect

We collect the following types of information when you interact with our website or use our services:

Personal Information: Name, email address, phone number, etc.

Usage Data: Information about how you use our website, such as pages viewed, time spent on the site, etc.

Cookies: Small data files that are stored on your device to track activity and preferences.

2. How We Use Your Information

We may use the information we collect for the following purposes:

To provide and improve our services.

To communicate with you, including sending marketing communications (with your consent).

To personalize your experience on our website.

To comply with legal obligations.

3. How We Share Your Information

We do not sell, trade, or otherwise transfer your personal information to outside parties without your consent, except in the following cases:

Service Providers: We may share your information with third-party service providers who assist us in operating our website or providing services.

Legal Requirements: We may disclose your information if required by law or in response to a legal request (e.g., court order).

4. Data Security

We implement reasonable security measures to protect your personal information from unauthorized access, disclosure, alteration, or destruction. However, please note that no method of transmission over the internet is 100% secure.

5. Your Rights

Depending on your location, you may have the right to:

Access and update your personal information. Request the deletion of your personal information. Opt-out of receiving marketing communications. Withdraw your consent at any time, where applicable.

To exercise these rights, please contact us at baysidewellnessvitality@gmail.com

6. Cookies

Our website uses cookies to enhance your experience and gather data on site usage. You can control cookies through your browser settings. For more information, refer to our Cookie Policy.

7. Changes to This Privacy Policy

We may update this Privacy Policy from time to time. Any changes will be posted on this page with an updated “Last Updated” date. We encourage you to review this Privacy Policy periodically.

8. Contact Us

If you have any questions about this Privacy Policy or wish to exercise your rights, please contact us at:

Email: baysidewellnessvitality@gmail.com

Address: Apollo Beach, FL

Terms and Conditions

Last Updated: [Date]

Welcome to Bayside Wellness & Vitality (“we,” “us,” or “our”). By using our website baysidewellnessvitality.com and services, you agree to the following terms and conditions. Please read them carefully.

1. Acceptance of Terms

By accessing or using our website or services, you agree to comply with and be bound by these Terms and Conditions. If you do not agree to these terms, please do not use our website or services.

2. Use of the Website

You may use our website for lawful purposes only. You agree not to:

Violate any applicable laws or regulations.

Engage in any activity that could damage, disable, or impair the website or interfere with another user's ability to use the website.

3. Account Registration

To access certain features of our services, you may need to create an account. You agree to provide accurate and complete information during the registration process. You are responsible for keeping your account details and password confidential.

4. Intellectual Property

All content on the website, including text, graphics, logos, and images, is owned by or licensed to Bayside Wellness & Vitality and is protected by copyright and other intellectual property laws. You may not copy, distribute, or modify any content without our permission.

5. Payments

If you purchase any products or services from us, you agree to provide accurate payment information. All payments are subject to applicable taxes and fees, and prices may change from time to time.

6. Limitation of Liability

Bayside Wellness & Vitality will not be liable for any damages, losses, or costs arising from your use of the website or services, including but not limited to direct, indirect, or consequential damages.

7. Privacy Policy

Your use of the website and services is also governed by our Privacy Policy, which explains how we collect, use, and protect your personal information. Please review our Privacy Policy

8. Termination

We may suspend or terminate your access to the website or services if you violate these Terms and Conditions. You may also terminate your account by contacting us.

9. Changes to Terms

We reserve the right to update or modify these Terms and Conditions at any time. Any changes will be posted on this page, and the updated date will be noted at the top.

10. Governing Law

These Terms and Conditions will be governed by the laws of FL, without regard to its conflict of law principles. Any disputes will be resolved in the appropriate courts of Hillsborough County.

11. Contact Us

If you have any questions about these Terms and Conditions, please contact us at:

Email: baysidewellnessvitality@gmail.com

Address: Apollo Beach, FL